

Deanwood Aquatics February 2015

	Mon	Tue	Wed	Thu	Fri	Sat
1	2 9:00-10:00 Am Action against arthritis water aerobics 5:00-5:30pm Adult L2S Lvl 1 6:00-6:45pm Adult L2S Lvl 2 7:00-7:45pm Adult L2S Lvl3 6:30-7:30pm Water Aerobics Aqua Zumba	3 5:00-5:30pm Child L2S Lvl 1 5:45-6:15pm Child L2S Lvl 2 6:30-7:15pm Child L2S Lvl 3	4 9:00-10:00 Am Action against arthritis water aerobics 5:00-5:30pm Adult L2S Lvl 1 6:00-6:45pm Adult L2S Lvl 2 7:00-7:45pm Adult L2S Lvl3 6:30-7:30pm Water Aerobics Aqua Zumba	5 5:00-5:30pm Child L2S Lvl 1 5:45-6:15pm Child L2S Lvl 2 6:30-7:15pm Child L2S Lvl 3	6 9:00-10:00 Am Action against arthritis water aerobics 5:00-6:00pm Water Aerobics BLT	7 9:00-9:30am P&C Lvl A 10:15-10:45am P&C Lvl B 11:00-11:45am P&C Lvl C
8	9 9:00-10:00 Am Action against arthritis water aerobics 5:00-5:30pm Adult L2S Lvl 1 6:00-6:45pm Adult L2S Lvl 2 7:00-7:45pm Adult L2S Lvl3 6:30-7:30pm Water Aerobics Aqua Zumba	10 5:00-5:30pm Child L2S Lvl 1 5:45-6:15pm Child L2S Lvl 2 6:30-7:15pm Child L2S Lvl 3	11 9:00-10:00 Am Action against arthritis water aerobics 5:00-5:30pm Adult L2S Lvl 1 6:00-6:45pm Adult L2S Lvl 2 7:00-7:45pm Adult L2S Lvl 3 6:30-7:30pm Water Aerobics Aqua Zumba	12 5:00-6:00pm Water Aerobics BLT 5:00-5:30pm Child L2S Lvl 1 5:45-6:15pm Child L2S Lvl 2 6:30-7:15pm Child L2S Lvl 3	13 29th Annual Black History Invitational Swim Meet Closed	14 29th Annual Black History Invitational Swim Meet Closed
15 29th Annual Black History Invitational Swim Meet Closed	16 PRESIDENTS DAY !! Closed	17 5:00-5:30pm Child L2S Lvl 1 5:45-6:15pm Child L2S Lvl 2 6:30-7:15pm Child L2S Lvl 3	18 9:00-10:00 Am Action against arthritis water aerobics 5:00-5:30pm Adult L2S Lvl 1 6:00-6:45pm Adult L2S Lvl 2 7:00-7:45pm Adult L2S Lvl 3 6:30-7:30pm Water Aerobics Aqua Zumba	19 5:00-6:00pm Water Aerobics BLT 5:00-5:30pm Child L2S Lvl 1 5:45-6:15pm Child L2S Lvl 2 6:30-7:15pm Child L2S Lvl 3 10:15-10:45am SeniorL2S Lvl1 11:00-11:30am SeniorL2S Lvl2	20 9:00-10:00 Am Action against arthritis water aerobics 5:00-6:00pm Water Aerobics BLT	21 9:00-9:30am P&C Lvl A 10:15-10:45am P&C Lvl B 11:00-11:45am P&C Lvl C
22	23 9:00-10:00 Am Action against arthritis water aerobics 5:00-5:30pm Adult L2S Lvl 1 6:00-6:45pm Adult L2S Lvl 2 7:00-7:45pm Adult L2S Lvl 3 6:30-7:30pm Water Aerobics Aqua Zumba	24 5:00-5:30pm Child L2S Lvl 1 5:45-6:15pm Child L2S Lvl 2 6:30-7:15pm Child L2S Lvl 3	25 9:00-10:00 Am Action against arthritis water aerobics 5:00-5:30pm Adult L2S Lvl 1 6:00-6:45pm Adult L2S Lvl 2 7:00-7:45pm Adult L2S Lvl 3 6:30-7:30pm Water Aerobics Aqua Zumba	26 5:00-6:00pm Water Aerobics BLT 5:00-5:30pm Child L2S Lvl 1 5:45-6:15pm Child L2S Lvl 2 6:30-7:15pm Child L2S Lvl 3	27 9:00-10:00 Am Action against arthritis water aerobics 5:00-6:00pm Water Aerobics BLT	28 9:00-9:30am P&C Lvl A 10:15-10:45am P&C Lvl B 11:00-11:45am P&C Lvl C

Hours of Operation
6:30 am-8:00pm (Mon-Fri)
9:00 am-5:00pm (Sat-Sun)
1350 49th St. NE
Washington, DC 20019
www.dpr.dc.gov
202-671-3078



Next Registration:
Spring Session 1
March 2, 2015
@ 6:30am
(Online or Onsite)

Schedule of Events

- **Parent & Child A** (Sat. only) (10:00am– 10:30am) (8 sessions)
- **Parent & Child B** (Sat. only) (10:45am– 11:15am) (8 sessions)
- **Parent & Child C** (Sat. only) (11:30am-12:00pm) (8 sessions)
- **KEEN Group** (Every 2nd Saturday)
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- **Learn to Swim: Child Level 1** (Tue. & Thur. 5:00pm-5:30pm) (8 Sessions)
- **Learn to Swim: Child Level 2** (Tue. & Thur. 5:45pm-6:15pm) (8 Sessions)
- **Learn to Swim: Child Level 3** (Tue. & Thur. 6:30pm-7:15pm) (8 Sessions)

- **Learn to Swim: Adult Level 1** (Mon. & Wed. 5:00pm– 5:30pm) (8 Sessions)
- **Learn to Swim: Adult Level 2** (Mon. & Wed. 5:45pm-6:15pm) (8 Sessions)
- **Learn to Swim: Adult Level 3**(Mon. & Wed. 6:30pm-7:15pm) (8 Sessions)

- **Learn to swim: Youth Level 1**(Mon. Wed. 5:00pm-5:30pm) (8 sessions)
- **Learn to swim: Youth Level 2**(Mon. Wed. 5:45pm-6:15pm) (8 sessions)
- **Learn to swim: Youth Level 3**(Mon. Wed. 6:30pm-7:15pm) (8 sessions)

- **Action Against Arthritis Aerobics** (Mon, Wed & Fri. 9:00am-10:00am) **55+ ONLY**
- **BLT Water Aerobics (Buns, Legs , and tummy)** (Thur. & Fri 5:00pm-6:00pm)
- **Aqua Zumba Water Aerobics** (Mon & Wed 6:30pm-7:30pm)
- **LGTA** (Wed & Fri 6:00pm-7:00pm) (Sat. 2:00pm-3:00pm)

THERE MUST BE AT LEAST 4 PEOPLE REGISTERED FOR A CLASS TO BE HELD!!!!