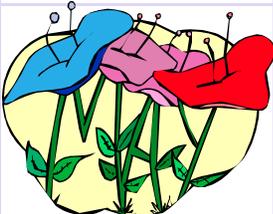




Deanwood Aquatics May 2014



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>KEY: L2S: Learn to Swim Lvl: Level</p> 	<p>Hours of Operation 6:30 am-8:00pm (Mon-Fri) 9:00 am-5:00pm (Sat-Sun) 1350 49th St. NE Washington, DC 20019 www.dpr.dc.gov 202-671-3078</p>			<p>1 5:00-5:30pm Child L2S Lvl 1 5:45-6:15pm Child L2S Lvl 2 6:30-7:15pm Child L2S Lvl 3</p> <p>6:00-7:00pm Shallow Aerobics</p>	<p>2 9:00-9:45am Action Against Arthritis Water Aerobics 6:00-7:00pm Shallow Aerobics</p> <p>7:00-8:00pm LGTA</p>	<p>3 2:00-3:00pm LGTA</p>
<p>4</p>	<p>5 <u>Registration @ 6:30am</u></p> <p>9:00-9:45am Action Against Arthritis Water Aerobics 5:00-5:30pm Adult L2S Lvl 3 5:00-5:30pm Youth L2S Lvl 1 6:00-6:45pm Aqua Zumba</p>	<p>6 5:00-5:30pm Child L2S Lvl 1 5:45-6:15pm Child L2S Lvl 2 6:30-7:15pm Child L2S Lvl 3</p>	<p>7 9:00-9:45am Action Against Arthritis Water Aerobics 7:00-8:00pm LGTA 5:00-5:30pm Adult L2S Lvl 3 5:00-5:30pm Youth L2S Lvl 1 6:00-6:45pm Aqua Zumba</p>	<p>8 5:00-5:30pm Child L2S Lvl 1 5:45-6:15pm Child L2S Lvl 2 6:30-7:15pm Child L2S Lvl 3</p> <p>6:00-7:00pm Shallow Aerobics</p>	<p>9 9:00-9:45am Action Against Arthritis Water Aerobics 7:00-8:00pm LGTA</p> <p>6:00-7:00pm Shallow Aerobics</p>	<p>10 9:00-10:00am KEEN GROUP</p> <p>2:00-3:00pm LGTA</p>
<p>11</p> 	<p>12 5:00-5:30pm Adult L2S Lvl 3 9:00-9:45am Action Against Arthritis Water Aerobics 5:00-5:30pm Youth L2S Lvl 1 6:00-6:45pm Aqua Zumba</p>	<p>13 5:00-5:30pm Child L2S Lvl 1 5:45-6:15pm Child L2S Lvl 2 6:30-7:15pm Child L2S Lvl 3</p>	<p>14 9:00-9:45am Action Against Arthritis Water Aerobics 5:00-5:30pm Adult L2S Lvl 3 5:00-5:30pm Youth L2S Lvl 1</p> <p>6:00-6:45pm Aqua Zumba</p>	<p>15 5:00-5:30pm Child L2S Lvl 1 5:45-6:15pm Child L2S Lvl 2 6:30-7:15pm Child L2S Lvl 3 6:00-7:00pm Shallow Aerobics</p>	<p>16 9:00-9:45am Action Against Arthritis Water Aerobics 6:00-7:00pm Shallow Aerobics</p>	<p>17 2:00-3:00pm LGTA</p>
<p>18</p>	<p>19 9:00-9:45am Action Against Arthritis Water Aerobics</p>	<p>20</p>	<p>21 9:00-9:45am Action Against Arthritis Water Aerobics 5:00-5:30pm Adult L2S Lvl 3 7:00-8:00pm LGTA 5:00-5:30pm Youth L2S Lvl 1 5:45-6:15pm Youth L2S Lvl 2</p>	<p>22 5:00-5:30pm Child L2S Lvl 1 5:45-6:15pm Child L2S Lvl 2 6:30-7:15pm Child L2S Lvl 3 6:00-7:00pm Shallow Aerobics</p>	<p>23 9:00-9:45am Action Against Arthritis Water Aerobics 7:00-8:00pm LGTA</p> <p>6:00-7:00pm Shallow Aerobics</p>	<p>24 10:00-10:30am P & C lvl A 10:45-11:15am P & C lvl B 11:30-12:00pm P & C lvl C</p> <p>2:00-3:00pm LGTA</p>
<p>25</p> 	<p>26 DEANWOOD AQUATIC FACILITY CLOSED MEMORIAL DAY</p>	<p>27 5:00-5:30pm Child L2S Lvl 1 5:45-6:15pm Child L2S Lvl 2 6:30-7:15pm Child L2S Lvl 3</p>	<p>28 9:00-9:45am Action Against Arthritis Water Aerobics 5:00-5:30pm Adult L2S Lvl 3 5:00-5:30pm Youth L2S Lvl 1 5:45-6:15pm Youth L2S Lvl 2 6:00-6:45pm Aqua Zumba</p>	<p>29 5:00-5:30pm Child L2S Lvl 1 5:45-6:15pm Child L2S Lvl 2 6:30-7:15pm Child L2S Lvl 3</p> <p>6:00-7:00pm Shallow Aerobics</p>	<p>30 9:00-9:45am Action Against Arthritis Water Aerobics 6:00-7:00pm Shallow Aerobics</p>	<p>31 10:00-10:30am P & C lvl A 10:45-11:15am P & C lvl B 11:30-12:00pm P & C lvl C</p> <p>2:00-3:00pm LGTA</p>
						<p>Next Registration: Summer Session 1 June 2, 2014 @ 6:30am (Online or Onsite)</p>

Schedule of Events

- **Parent & Child A** (Sat. only) (10:00am– 10:30am) (8 sessions)
- **Parent & Child B** (Sat. only) (10:30am– 11:15am) (8 sessions)
- **Parent & Child C** (Sat. only) (11:30am-12:00pm) (8 sessions)
- **KEEN Group** (Every 2nd Saturday)
- **Lifeguard Training Academy** (Wed. & Fri. 7:00pm-8:00pm & Sat. 2:00pm-3:00pm)

- **Learn to Swim: Youth Level 1** (Mon. & Wed. 5:00pm-5:30pm) (8 sessions)
- **Learn to Swim: Youth Level 2** (Mon. & Wed. 5:45pm-6:15pm) (8 sessions)

- **Learn to Swim: Child Level 1** (Tue. & Thur. 5:00pm– 5:30pm) (8 sessions)
- **Learn to Swim: Child Level 2** (Tue. & Thur. 5:45pm- 6:15pm) (8 sessions)
- **Learn to Swim: Child Level 3** (Tue. & Thur. 6:30pm– 7:15pm) (8 sessions)

- **Learn to Swim: Adult Level 1** (Mon. & Wed. 5:00pm– 5:30pm) (8 sessions)

- **Action Against Arthritis Aerobics** (Mon, Wed & Fri. 9:00am-9:45am)(16 sessions) **55+ ONLY**
- **Shallow Water Aerobics** (Thurs. & Fri. 6:00pm-7:00pm) (16 sessions)
- **Aqua Zumba** (Mon. & Wed. (6:00pm-6:45pm) (8 sessions)

THERE MUST BE **AT LEAST 4 PEOPLE REGISTERED** FOR A CLASS TO BE HELD!!!!