

William H. Rumsey March 2014 Activities

SUN	MON	TUE	WED	THU	FRI	SAT
						1 Deep Water Aerobics 8-9am Parent & Child 9:30-10:30 Children LTS 10am-12:45am
2 Lifeguard Academy 10am to 2pm 	3 Registration 6:30am Water Aerobics 8am-9am Water Aerobics 9am-10am Shallow Water Aerobics 10-11am Adults LTS 7pm-8:45pm	4 Seniors LTS 9am-10am Senior Olympics 9-10am Shallow Water Aerobics 6:30-7:30pm	5 Water Aerobics 8am-9am Water Aerobics 9am-10am Shallow Water Aerobics 10-11am Adults LTS 7pm-8:45pm	6 Seniors LTS 9am-10am Senior Olympics 9-10am Shallow Water Aerobics 6:30-7:30pm	7 Shallow Water Aerobics 8am-9am Shallow Water Aerobics 9am-10am Shallow Water Aerobics 10am-11am	8 Deep Water Aerobics 8-9am Parent & Child 9:30-10:30
2 Lifeguard Academy 10am to 2pm 	10 Registration Day Water Aerobics 8am-9am Water Aerobics 9am-10am Shallow Water Aerobics 10-11am Adults LTS 7pm-8:45pm	11 Seniors LTS 9am-10am Senior Olympics 9-10am Shallow Water Aerobics 6:30-7:30pm	12 Water Aerobics 8am-9am Water Aerobics 9am-10am Shallow Water Aerobics 10-11am Adults LTS 7pm-8:45pm	13 Seniors LTS 9am-10am Senior Olympics 9-10am Shallow Water Aerobics 6:30-7:30pm	14 Shallow Water Aerobics 8am-9am Shallow Water Aerobics 9am-10am Shallow Water Aerobics 10am-11am	15 Deep Water Aerobics 8-9am Parent & Child 9:30-10:30
2 Lifeguard Academy 10am to 2pm 	17 Water Aerobics 8am-9am Water Aerobics 9am-10am St. Patrick's Day 	18 Seniors LTS 9am-10am Senior Olympics 9-10am Shallow Water Aerobics 6:30-7:30pm	19 Water Aerobics 8am-9am Water Aerobics 9am-10am Shallow Water Aerobics 10-11am Adults LTS 7pm-8:45pm	20 Seniors LTS 9am-10am Senior Olympics 9-10am Shallow Water Aerobics 6:30-7:30pm	21 Shallow Water Aerobics 8am-9am Shallow Water Aerobics 9am-10am Shallow Water Aerobics 10am-11am	22 Deep Water Aerobics 8-9am Parent & Child 9:30-10:30
2 Lifeguard Academy 10am to 2pm 	24 Water Aerobics 8am-9am Water Aerobics 9am-10am Shallow Water Aerobics 10-11am Adults LTS 7pm-8:45pm	25 Seniors LTS 9am-10am Senior Olympics 9-10am Shallow Water Aerobics 6:30-7:30pm	26 Water Aerobics 8am-9am Water Aerobics 9am-10am Shallow Water Aerobics 10-11am Adults LTS 7pm-8:45pm	27 Seniors LTS 9am-10am Senior Olympics 9-10am Shallow Water Aerobics 6:30-7:30pm	28 Shallow Water Aerobics 8am-9am Shallow Water Aerobics 9am-10am Shallow Water Aerobics 10am-11am	29 Deep Water Aerobics 8-9am Parent & Child 9:30-10:30