

Takoma Aquatic Center

Visit DPR.DC.GOV for more information

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>Key: EBS- Edmund Burke School CCPCS – Capital City Public Charter School Swim PPCS – Paul Public Charter School WA: M&M – Water Aerobics: Mommy & Me</p>	<p>*Children’s-Level 1 5:5-5:30pm Children’s-Level 2 5:45-6:15pm Children’s-Level 3 6:30-7:15pm</p> <p>*Adults-Level 1 6:6-6:30pm Adults-Level 2 6:45-7:15pm Adults-Level 3 7:30-8:15pm</p>	<p>*LI Water Aerobics – Low Impact Water Aerobics Senior Shallow- Senior Shallow Water Aerobics DWA- Deep Water Drills and Skills Buns, Legs, and Tummy Water Aerobics SocaWA- Soca Water Aerobics WA: A&G – Abs & Glutes AWA – Adaptive Water Aerobics</p>			<p>DC Wave gam-12:30pm Learn to Swim: Parent and Child (A) 10:00am-10:30am Learn to Swim: Parent and Child (B) 10:45am-11:15am Learn to Swim: Parent and Child (C) 11:30am-12:00pm Diving 12:30-1:30pm</p>
<p>DCAC 9:30-11:00am WA: M&M 10:00-11:00am</p>	<p>Socarobics 8:45-9:45am Learn to Swim: Seniors Levels 1-2 9:30am-10:45am CCPCS 4:00-5:30pm Learn to Swim: Adult Levels 1-3 6:00pm-8:15pm DC Wave 6:00-8:00pm Wetskins Water Polo 7:30-9:00pm</p>	<p>LI Water Aerobics 9am-10am Senior Shallow 10:00-11:00am DWA 11:00-12:00pm Learn to Swim: Children Level 1-3 5:00-7:15pm DC Wave 6:00-8:00pm WA: A&G 7:30-8:30pm DCAC 7:30-9:00pm</p>	<p>Socarobics 8:45-9:45am UDC Senior Body Wise 10-11:00am Learn to Swim: Seniors Levels 1-2 9:30am-10:45am PPCS – 4:00-5:00pm Learn to Swim: Adult Levels 1-3 6:00pm-8:15pm DC Wave 6:00-8:00pm Wetskins Water Polo 7:30-9:00pm</p>	<p>LI Water Aerobics 9am-10am DWA 11:00-12:00pm CCPCS 4:00-5:30pm Learn to Swim: Children Level 1-3 5:00-7:15pm DC Wave 6:00-8:00pm WA: A&G 7:30-8:30pm DCAC 7:30-9:00pm</p>	<p>UDC Senior Body Wise 10-11:00am PPCS 4:00pm-5:00pm DC Wave 6:00-8:00pm FGAC 7:30-8:30pm</p>	<p>DC Wave gam-12:30pm Learn to Swim: Parent and Child (A) 10:00am-10:30am Learn to Swim: Parent and Child (B) 10:45am-11:15am Learn to Swim: Parent and Child (C) 11:30am-12:00pm Diving 12:30-1:30pm</p>
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