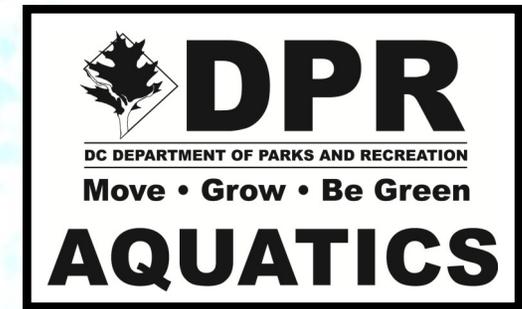


Takoma Aquatic Center  
 (202)576-9284  
 300 Van Buren St. NW  
 Washington D.C., 20012

# March

## Spring 2015



**Sunday**      **Monday**      **Tuesday**      **Wednesday**      **Thursday**      **Friday**      **Saturday**

1	2 6:30 AM Spring Registration L2S Senior Lvl 1&2 9:30am-10:45am Jr Waves 4:45pm-5:45pm L2S Adult Levels 1-3 5:30pm-8:15pm DC Wave 6:00pm-8:00pm	3 Senior Shall 10am-11am Drills & Skills 11am-12pm L2S Children Levels 1-4 4:30pm-7:45pm Abs & Glutes 7:45pm-8:45pm DC Wave 6:00-8:00pm	4 L2S Senior Levels 1&2 9:30am-10:45am Junior Wave 4:45pm-5:45pm L2S Adult Levels 1-3 5:30pm-8:15pm DC Wave 6:00pm-8:00pm	5 Senior Shall 10am-11am Drills & Skills 11am-12pm Learn to Swim Children Levels 1-4 4:30pm-7:45pm Abs & Glutes 7:45pm-8:45pm DC Wave 6:00-8:00pm	6 Body Wise 10am-11am Junior Wave 4:45pm-5:45pm DC Wave 6:00-8:00pm	7 DC Wave 9:00am-12:30pm L2S Parent/Child Levels A-C 10:00am-12:00pm
8	9 L2S Senior Levels 1&2 9:30am-10:45am Jr Waves 4:45pm-5:45pm L2S Adult Levels 1-3 5:30pm-8:15pm DC Wave 6:00pm-8:00pm	10 Senior Shall 10am-11am Drills & Skills 11am-12pm L2S Children Levels 1-4 4:30pm-7:45pm Abs & Glutes 7:45pm-8:45pm DC Wave 6:00-8:00pm	11 L2S Senior Levels 1&2 9:30am-10:45am Jr Waves 4:45pm-5:45pm L2S Adult Levels 1-3 5:30pm-8:15pm DC Wave 6:00pm-8:00pm	12 Senior Shall 10am-11am Drills & Skills 11am-12pm L2S Children Levels 1-4 4:30pm-7:45pm Abs & Glutes 7:45pm-8:45pm DC Wave 6:00-8:00pm	13 Body Wise 10am-11am Jr Waves 4:45pm-5:45pm DC Wave 6:00-8:00pm	14 DC Wave 9:00am-12:30pm
15  Last day of Winter classes	16 Spring Classes Begin L2S Senior Levels 1&2 9:30am-10:45am Jr. Waves 4:45pm-5:45pm L2S Adult Levels 1-3 5:30pm-8:15pm	17 Senior Shall 10am-11am Drills & Skills 11am-12pm L2S Children Levels 1-4 4:30pm-7:45pm Abs & Glutes 7:45pm-8:45pm DC Wave 6:00-8:00pm	18 Body Wise 10am-11am L2S Senior Levels 1&2 9:30am-10:45am Jr Waves 4:45pm-5:45pm L2S Adult Levels 1-3 5:30pm-8:15pm	19 Senior Shall 10am-11am Drills & Skills 11am-12pm L2S Children Levels 1-4 4:30pm-7:45pm Abs & Glutes 7:45pm-8:45pm DC Wave 6:00-8:00pm	20 Body Wise 10am-11am Jr Waves 4:45pm-5:45pm DC Wave 6:00-8:00pm	21 DC Wave 9:00am-12:30pm L2S Parent/Child Levels A-C 10:00am-12:00pm L2S for Youth Level 1-3 12:00pm-2:00pm
22 L2S Parent/Child Levels A-C 10:00am-12:00pm	23 L2S Senior Levels 1&2 9:30am-10:45am L2S Adult Levels 1-3 5:30pm-8:15pm DC Wave 6:00pm-8:00pm	24 Senior Shall 10am-11am Drills & Skills 11am-12pm L2S Children Levels 1-4 4:30pm-7:45pm Abs & Glutes 7:45pm-8:45pm DC Wave 6:00-8:00pm	25 Body Wise 10am-11am L2S Senior Levels 1&2 9:30am-10:45am L2S Adult Levels 1-3 5:30pm-8:15pm DC Wave 6:00pm-8:00pm	26 Senior Shall 10am-11am Drills & Skills 11am-12pm L2S Children Levels 1-4 4:30pm-7:45pm Abs & Glutes 7:45pm-8:45pm DC Wave 6:00-8:00pm	27 Body Wise 10am-11am DC Wave 6:00-8:00pm	28 DC Wave 9:00am-12:30pm L2S Parent/Child Levels A-C 10:00am-12:00pm L2S for Youth Level 1-3 12:00pm-2:00pm
29 L2S Parent/Child Levels A-C 10:00am-12:00pm	30 L2S Senior Levels 1&2 9:30am-10:45am Jr Waves 4:45pm-5:45pm L2S Adult Levels 1-3 5:30pm-8:15pm DC Wave 6:00pm-8:00pm	31 Senior Shall 10am-11am Drills & Skills 11am-12pm L2S Children Levels 1-4 4:30pm-7:45pm Abs & Glutes 7:45pm-8:45pm DC Wave 6:00-8:00pm	1 Body Wise 10am-11am L2S Senior Levels 1&2 9:30am-10:45am Jr Waves 4:45pm-5:45pm L2S Adult Levels 1-3 5:30pm-8:15pm DC Wave 6:00pm-8:00pm	2 Senior Shall 10am-11am Drills & Skills 11am-12pm L2S Children Levels 1-4 4:30pm-7:45pm Abs & Glutes 7:45pm-8:45pm DC Wave 6:00-8:00pm	3 Body Wise 10am-11am Jr Waves 4:45pm-5:45pm DC Wave 6:00-8:00pm	4 DC Wave 9:00am-12:30pm L2S Parent/Child Levels A-C 10:00am-12:00pm L2S for Youth Level 1-3 12:00pm-2:00pm



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# May

## Spring 2015



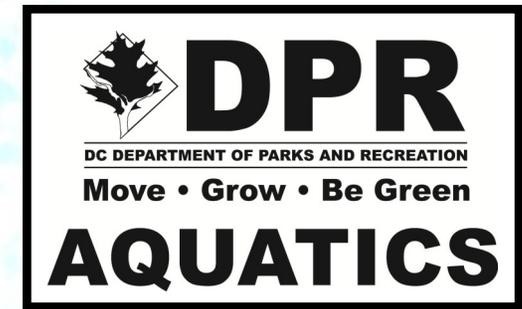
**Sunday                      Monday                      Tuesday                      Wednesday                      Thursday                      Friday                      Saturday**

26	27 <i>Learn to Swim Senior Levels 1&amp;2 9:30am-10:45am Jr Waves 4:45pm-5:45pm DC Wave 6:00pm-8:00pm Learn to Swim Adult Levels 1-3 5:30pm-8:15pm</i>	28 <i>Senior Shall 10am-11am Drills &amp; Skills 11am-12pm Learn to Swim Children Levels 1-4 4:30pm-7:45pm Abs &amp; Glutes 7:45pm-8:45pm DC Wave 6:00-8:00pm</i>	29 <i>Learn to Swim Senior Levels 1&amp;2 9:30am-10:45am Jr Waves 4:45pm-5:45pm DC Wave 6:00pm-8:00pm Learn to Swim Adult Levels 1-3 5:30pm-8:15pm</i>	30 <i>Senior Shall 10am-11am Drills &amp; Skills 11am-12pm Learn to Swim Children Levels 1-4 4:30pm-7:45pm Abs &amp; Glutes 7:45pm-8:45pm DC Wave 6:00-8:00pm</i>	1 <i>Body Wise 10am-11am DC Wave 6:00-8:00pm</i>	2 <i>DC Wave 9:00am-12:30pm Learn to Swim Parent/Child Levels A-B 10:00am-12:00pm Learn to Swim for Youth Level 1-3 12:00pm-2:00pm</i>
3 <i>L2S Parent/Child Levels A-C 10:00am-12:00pm</i>	4 <i>Learn to Swim Senior Levels 1&amp;2 9:30am-10:45am Jr Waves 4:45pm-5:45pm DC Wave 6:00pm-8:00pm Learn to Swim Adult Levels 1-3 5:30pm-8:15pm</i>	5 <i>Senior Shall 10am-11am Drills &amp; Skills 11am-12pm Learn to Swim Children Levels 1-4 4:30pm-7:45pm Abs &amp; Glutes 7:45pm-8:45pm DC Wave 6:00-8:00pm</i>	6 <i>Body Wise 10am-11am Learn to Swim Senior Levels 1&amp;2 9:30am-10:45am Jr Waves 4:45pm-5:45pm DC Wave 6:00pm-8:00pm Learn to Swim Adult Levels 1-</i>	7 <i>Senior Shall 10am-11am Drills &amp; Skills 11am-12pm Learn to Swim Children Levels 1-4 4:30pm-7:45pm Abs &amp; Glutes 7:45pm-8:45pm DC Wave 6:00-8:00pm</i>	8 <i>Body Wise 10am-11am Jr Waves 4:45pm-5:45pm DC Wave 6:00pm-8:00pm</i>	9 <i>DC Wave 9:00am-12:30pm Learn to Swim Parent/Child Levels A-B 10:00am-12:00pm Learn to Swim for Youth Level 1-3 12:00pm-2:00pm</i>
10 <i>L2S Parent/Child Levels A-C 10:00am-12:00pm</i>	11 <i>Learn to Swim Senior Levels 1&amp;2 9:30am-10:45am Jr Waves 4:45pm-5:45pm DC Wave 6:00pm-8:00pm Learn to Swim Adult Levels 1-3 5:30pm-8:15pm</i>	12 <i>Senior Shall 10am-11am Drills &amp; Skills 11am-12pm Learn to Swim Children Levels 1-4 4:30pm-7:45pm Abs &amp; Glutes 7:45pm-8:45pm DC Wave 6:00-8:00pm</i>	13 <i>Learn to Swim Senior Levels 1&amp;2 9:30am-10:45am Jr Waves 4:45pm-5:45pm DC Wave 6:00pm-8:00pm Learn to Swim Adult Levels 1-3 5:30pm-8:15pm</i>	14 <i>Senior Shall 10am-11am Drills &amp; Skills 11am-12pm Learn to Swim Children Levels 1-4 4:30pm-7:45pm Abs &amp; Glutes 7:45pm-8:45pm DC Wave 6:00-8:00pm</i>	15 <i>Jr Waves 4:45pm-5:45pm DC Wave 6:00pm-8:00pm</i>	16 <i>DC Wave 9:00am-12:30pm</i>
17	18 <i>Jr Waves 4:45pm-5:45pm DC Wave 6:00pm-8:00pm</i>	19 <i>DC Wave 6:00-8:00pm</i>	20 <i>Jr Waves 4:45pm-5:45pm DC Wave 6:00pm-8:00pm</i>	21 <i>DC Wave 6:00-8:00pm</i>	22 <i>Jr Waves 4:45pm-5:45pm DC Wave 6:00pm-8:00pm</i>	23 <i>DC Wave 9:00am-12:30pm</i>
<b>Mid Season Break #2 - No Aquatics Classes *Lifeguard Training Continues*</b>						
24	25 <b>Memorial Day</b> 	26 <i>Senior Shall 10am-11am Drills &amp; Skills 11am-12pm Learn to Swim Children Levels 1-4 4:30pm-7:45pm Abs &amp; Glutes 7:45pm-8:45pm DC Wave 6:00-8:00pm</i>	27 <i>Learn to Swim Senior Levels 1&amp;2 9:30am-10:45am Jr Waves 4:45pm-5:45pm DC Wave 6:00-8:00pm Learn to Swim Adult Levels 1-3 5:30pm-8:15pm</i>	28 <i>Senior Shall 10am-11am Drills &amp; Skills 11am-12pm Learn to Swim Children Levels 1-4 4:30pm-7:45pm Abs &amp; Glutes 7:45pm-8:45pm DC Wave 6:00-8:00pm</i>	29 <i>Body Wise 10am-11am Jr Waves 4:45pm-5:45pm DC Wave 6:00-8:00pm</i>	30

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# June

## Spring 2015



**Sunday**

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**Saturday**

31	1 <i>Learn to Swim Senior Levels 1&amp;2 9:30am-10:45am Junior Wave 4:45pm-5:45pm Learn to Swim Adult Levels 1-3 5:30pm-8:15pm</i>	2 <i>Senior Shall 10am-11am Deep Drills &amp; Skills 11am-12pm Learn to Swim Children Levels 1-4 4:30pm-7:45pm Abs &amp; Glutes 7:45pm-8:45pm</i>	3 <i>Body Wise 10am-11am Learn to Swim Senior Levels 1&amp;2 9:30am-10:45am Junior Wave 4:45pm-5:45pm Learn to Swim Adult Levels 1-3 5:30pm-8:15pm</i>	4 <i>Senior Shall 10am-11am Deep Drills &amp; Skills 11am-12pm Learn to Swim Children Levels 1-4 4:30pm-7:45pm Abs &amp; Glutes 7:45pm-8:45pm</i>	5 <i>Body Wise 10am-11am</i>	6
7	8 <i>6:30 AM Summer Registration Learn to Swim Senior Levels 1&amp;2 9:30am-10:45am Learn to Swim Adult Levels 1-3 5:30pm-8:15pm</i>	9 <i>Senior Shall 10am-11am Deep Drills &amp; Skills 11am-12pm Learn to Swim Children Levels 1-4 4:30pm-7:45pm Abs &amp; Glutes 7:45pm-8:45pm</i>	10 <i>Body Wise 10am-11am Learn to Swim Senior Levels 1&amp;2 9:30am-10:45am Learn to Swim Adult Levels 1-3 5:30pm-8:15pm</i>	11 <i>Senior Shall 10am-11am Deep Drills &amp; Skills 11am-12pm Learn to Swim Children Levels 1-4 4:30pm-7:45pm Abs &amp; Glutes 7:45pm-8:45pm</i>	12 <i>Body Wise 10am-11am</i>	13
14	15 <i>Learn to Swim Senior Levels 1&amp;2 9:30am-10:45am Learn to Swim Adult Levels 1-3 5:30pm-8:15pm</i>	16 <i>Senior Shall 10am-11am Deep Drills &amp; Skills 11am-12pm Learn to Swim Children Levels 1-4 4:30pm-7:45pm Abs &amp; Glutes 7:45pm-8:45pm</i>	17 <i>Body Wise 10am-11am Learn to Swim Senior Levels 1&amp;2 9:30am-10:45am Learn to Swim Adult Levels 1-3 5:30pm-8:15pm</i>	18 <i>Last Day of School (DCPS) Senior Shall 10am-11am Deep Drills &amp; Skills 11am-12pm Learn to Swim Children Levels 1-4 4:30pm-7:45pm</i>	19 <i>Body Wise 10am-11am</i>	20
21 <i>Last day of Spring classes</i>	22 <i>Summer Classes Begin</i>	23	24	25	26	27
28	29	30				