

February 2015

TURKEY THICKET AQUATIC CENTER
1100 MICHIGAN AVE NE
WASHINGTON DC 20017
202-576-9235 or 202-576-9238
Mon-Fri 6:30am-8:00pm
Sat 12:00pm-5:00pm Sun CLOSED

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 *Registration @ 6:30am* Senior Aerobics 8-9am Junior Waves 5:00-6:00pm LTS Child L1: 5-5:30pm LTS Child L2: 5:45-6:15pm LTS Child L3: 6:30-7:15pm	3 Shallow Water Aerobics 7:00-7:45am LTS Senior L1: 9-9:30am LTS Senior L2: 9:45-10:15am Parent & Child A: 10:00-10:30am Aqua Zumba: 11:00-11:45am LTS Adult L1: 5-5:30pm LTS Adult L2: 5:45-6:15pm LTS Adults L3: 6:30-7:15pm	4 Junior Waves 5:00-6:00pm LTS Child L1: 5-5:30pm LTS Child L2: 5:45-6:15pm LTS Child L3: 6:30-7:15pm	5 Shallow Water Aerobics 7:00-7:45am LTS Senior L1: 9-9:30am LTS Senior L2: 9:45-10:15am Parent & Child A: 10:00-10:30am Aqua Zumba: 11:00-11:45am LTS Adult L1: 5-5:30pm LTS Adult L2: 5:45-6:15pm LTS Adults L3: 6:30-7:15pm	6 Junior Waves 5:00-6:00pm LTS Child L1: 5-5:30pm LTS Child L2: 5:45-6:15pm LTS Child L3: 6:30-7:15pm	7 Parent & Child A: 9:30-10:00am Parent & Child B: 10:15-10:45am Parent & Child C: 11:00-11:30am
8	9 Senior Aerobics 8-9am Senior Aerobics 9-10am Junior Waves 5:00-6:00pm LTS Child L1: 5-5:30pm LTS Child L2: 5:45-6:15pm LTS Child L3: 6:30-7:15pm Deep Water Aerobics 6:30-7:30pm	10 Shallow Water Aerobics 7:00-7:45am LTS Senior L1: 9-9:30am LTS Senior L2: 9:45-10:15am Parent & Child A: 10:00-10:30am Aqua Zumba: 11:00-11:45am LTS Adult L1: 5-5:30pm LTS Adult L2: 5:45-6:15pm LTS Adults L3: 6:30-7:15pm	11 Senior Aerobics 8-9am Senior Aerobics 9-10am Junior Waves 5:00-6:00pm LTS Child L1: 5-5:30pm LTS Child L2: 5:45-6:15pm LTS Child L3: 6:30-7:15pm Deep Water Aerobics 6:30-7:30pm	12 Shallow Water Aerobics 7:00-7:45am LTS Senior L1: 9-9:30am LTS Senior L2: 9:45-10:15am Parent & Child A: 10:00-10:30am Aqua Zumba: 11:00-11:45am Water Aerobics- Abs & Glutes 1pm-2pm LTS Adult L1: 5-5:30pm LTS Adult L2: 5:45-6:15pm LTS Adults L3: 6:30-7:15pm	13 <i>29th Annual Black History Invitational Swim Meet</i> <i>Pool Closed</i>	14 <i>29th Annual Black History Invitational Swim Meet</i> <i>Pool Closed</i>
15 <i>29th Annual Black History Invitational Swim Meet</i> <i>Pool Closed</i>	16 <i>Presidents' Day</i> <i>Pool Closed</i>	17 Shallow Water Aerobics 7:00-7:45am LTS Senior L1: 9-9:30am LTS Senior L2: 9:45-10:15am Parent & Child A: 10:00-10:30am Aqua Zumba: 11:00-11:45am LTS Adult L1: 5-5:30pm LTS Adult L2: 5:45-6:15pm LTS Adults L3: 6:30-7:15pm	18 Senior Aerobics 8-9am Senior Aerobics 9-10am LTS Child L1: 5-5:30pm LTS Child L2: 5:45-6:15pm LTS Child L3: 6:30-7:15pm Deep Water Aerobics 6:30-7:30pm	19 Shallow Water Aerobics 7:00-7:45am LTS Senior L1: 9-9:30am LTS Senior L2: 9:45-10:15am Parent & Child A: 10:00-10:30am Aqua Zumba: 11:00-11:45am Water Aerobics -Abs & Glutes 1pm-2pm LTS Adult L1: 5-5:30pm LTS Adult L2: 5:45-6:15pm LTS Adults L3: 6:30-7:15pm	20 Senior Aerobics 8-9am Senior Aerobics 9-10am LTS Child L1: 5-5:30pm LTS Child L2: 5:45-6:15pm LTS Child L3: 6:30-7:15pm	21 Parent & Child A: 9:30-10:00am Parent & Child B: 10:15-10:45am Parent & Child C: 11:00-11:30am Water Aerobics -Abs & Glutes 1pm-2pm
22	23 Senior Aerobics 8-9am Senior Aerobics 9-10am Junior Waves 5:00-6:00pm LTS Child L1: 5-5:30pm LTS Child L2: 5:45-6:15pm LTS Child L3: 6:30-7:15pm Deep Water Aerobics 6:30-7:30pm	24	25 Shallow Water Aerobics 7:00-7:45am Senior Aerobics 8-9am Senior Aerobics 9-10am Aqua Zumba: 11:00-11:45am Junior Waves 5:00-6:00pm LTS Child L1: 5-5:30pm LTS Child L2: 5:45-6:15pm LTS Child L3: 6:30-7:15pm Deep Water Aerobics 6:30-7:30pm	26 Shallow Water Aerobics 7:00-7:45am Aqua Zumba: 11:00-11:45am Water Aerobics -Abs & Glutes 1pm-2pm Parent & Child A: 5-5:30pm Parent & Child B: 5:45-6:15pm Parent & Child C: 6:30-7:00pm	27 Senior Aerobics 8-9am Senior Aerobics 9-10am Junior Waves 5:00-6:00pm LTS Child L1: 5-5:30pm LTS Child L2: 5:45-6:15pm LTS Child L3: 6:30-7:15pm	28 Parent & Child A: 9:30-10:00am Parent & Child B: 10:15-10:45am Parent & Child C: 11:00-11:30am Water Aerobics -Abs & Glutes 1pm-2pm

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1	2 *Registration @ 6:30 am* Junior Waves 5:00-6:00pm LTS Child L1: 5-5:30pm LTS Child L2: 5:45-6:15pm LTS Child L3: 6:30-7:15pm Deep Water Aerobics -6:30pm-7:30pm	3 Shallow Water Aerobics 7:00-7:45am Aqua Zumba: 11:00-11:45am	4 Shallow Water Aerobics 7:00-7:45am Aqua Zumba: 11:00-11:45am Junior Waves 5:00-6:00pm LTS Child L1: 5-5:30pm LTS Child L2: 5:45-6:15pm LTS Child L3: 6:30-7:15pm Deep Water Aerobics -6:30-7:30pm	5 Shallow Water Aerobics 7:00-7:45am Aqua Zumba: 11:00-11:45am Water Aerobics -Abs & Glutes 1pm-2pm Parent & Child A: 5-5:30pm Parent & Child B: 5:45-6:15pm Parent & Child C: 6:30-7:00pm	6 Junior Waves 5:00-6:00pm LTS Child L1: 5-5:30pm LTS Child L2: 5:45-6:15pm LTS Child L3: 6:30-7:15pm	7 Parent & Child A: 9:30-10:00am Parent & Child B: 10:15-10:45am Parent & Child C: 11:00-11:30am Water Aerobics -Abs & Glutes 1pm-2pm
8	9 Junior Waves 5:00-6:00pm Deep Water Aerobics -6:30pm-7:30pm	10 Shallow Water Aerobics 7:00-7:45am Aqua Zumba: 11:00-11:45am Parent & Child A: 5-5:30pm Parent & Child B: 5:45-6:15pm Parent & Child C: 6:30-7:00pm	11 Shallow Water Aerobics 7:00-7:45am Aqua Zumba: 11:00-11:45am Junior Waves 5:00-6:00pm	12 Shallow Water Aerobics 7:00-7:45am Aqua Zumba: 11:00-11:45am Water Aerobics -Abs & Glutes 1pm-2pm Parent & Child A: 5-5:30pm Parent & Child B: 5:45-6:15pm Parent & Child C: 6:30-7:00pm	13 Junior Waves 5:00-6:00pm	14 Parent & Child A: 9:30-10:00am Parent & Child B: 10:15-10:45am Parent & Child C: 11:00-11:30am
15	16 Senior Aerobics 8-9am Senior Aerobics 9-10am Water Aerobics- Abs & Glutes 1pm-2pm Junior Waves 5:00-6:00pm LTS Child L1: 5-5:30pm LTS Child L2: 5:45-6:15pm LTS Child L3: 6:30-7:15pm LTS Child L4: 6:15-7:00pm	17 Shallow Water Aerobics 7:00-7:45am LTS Senior L1: 9-9:30am LTS Senior L2: 9:45-10:15am LTS Adult L1: 5-5:30pm LTS Adult L2: 5:45-6:15pm LTS Adults L3: 6:30-7:15pm	18 Senior Aerobics 8-9am Senior Aerobics 9-10am Water Aerobics- Abs & Glutes 1pm-2pm Junior Waves 5:00-6:00pm LTS Child L1: 5-5:30pm LTS Child L2: 5:45-6:15pm LTS Child L3: 6:30-7:15pm LTS Child L4: 6:15-7:00pm	19 Shallow Water Aerobics 7:00-7:45am LTS Senior L1: 9-9:30am LTS Senior L2: 9:45-10:15am LTS Adult L1: 5-5:30pm LTS Adult L2: 5:45-6:15pm LTS Adults L3: 6:30-7:15pm	20 Senior Aerobics 8-9am Senior Aerobics 9-10am Junior Waves 5:00-6:00pm Deep Water Aerobics -6:30-7:30pm	21 Parent & Child A: 9:30-10:00am Parent & Child B: 10:15-10:45am Parent & Child C: 11:00-11:30am
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29	30 Senior Aerobics 8-9am Senior Aerobics 9-10am Water Aerobics- Abs & Glutes 1pm-2pm LTS Child L1: 5-5:30pm LTS Child L2: 5:45-6:15pm LTS Child L3: 6:30-7:15pm LTS Child L4: 6:15-7:00pm	31 Shallow Water Aerobics 7:00-7:45am LTS Senior L1: 9-9:30am LTS Senior L2: 9:45-10:15am LTS Adult L1: 5-5:30pm LTS Adult L2: 5:45-6:15pm LTS Adults L3: 6:30-7:15pm				