

March

WILSON AQUATIC CENTER
202-730-0583
4551 Fort Drive NW WDC 20016
6am-9pm M-F / 9-5pm Sa & Su

MOVE • GROW • BE GREEN with  **DPR**

Please visit dpr.dc.gov for more information

Sun	Mon	Tue	Wed	Thu	Fri	Sat
28	29	1	2	3	4	5
6	7 BodyWise 8:00-8:45 BodyWise 12-12:45pm Senior L2S I 3-3:30pm Senior L2S II 3:30-4pm JR Wave 4:15-5:15pm Adult L2S I 6-6:30pm Adult L2S II 6:45-7:15pm Adult L2S III 7:30-8:15pm	8 Senior Aerobics 9:45-10:30 P/Child A 12-12:30pm P/Child B 12:45-1:15pm Child I 4:30-5pm Child II 5:15- 5:45pm Child III 6-6:45pm Child IV 7-7:45pm Deep Water 7-8pm	9 Deep Water 6:30-7:15am BodyWise 8:00-8:45 BodyWise 12-12:45pm Senior L2S I 3-3:30pm Senior L2S II 3:30-4pm JR Wave 4:15-5:15pm Adult L2S I 6-6:30pm Adult L2S II 6:45-7:15pm Adult L2S III 7:30-8:15pm Adult L2S III 7:30-8:15pm	10 Senior Aerobics 9:45-10:30 P/Child A 12-12:30pm P/Child B 12:45-1:15pm Child I 4:30-5pm Child II 5:15- 5:45pm Child III 6-6:45pm Child IV 7-7:45pm Deep Water 7-8pm	11 Deep Water 6:30-7:15am BodyWise 12-12:45pm JR Wave 4:15-5:15pm	12
13 Zumba 12-12:45pm	14 BodyWise 8:00-8:45 BodyWise 12-12:45pm Senior L2S I 3-3:30pm Senior L2S II 3:30-4pm JR Wave 4:15-5:15pm Adult L2S I 6-6:30pm Adult L2S II 6:45-7:15pm Adult L2S III 7:30-8:15pm	15 Senior Aerobics 9:45-10:30 P/Child A 12-12:30pm P/Child B 12:45-1:15pm Child I 4:30-5pm Child II 5:15- 5:45pm Child III 6-6:45pm Child IV 7-7:45pm Deep Water 7-8pm	16 Deep Water 6:30-7:15am BodyWise 8:00-8:45 BodyWise 12-12:45pm Senior L2S I 3-3:30pm Senior L2S II 3:30-4pm JR Wave 4:15-5:15pm Adult L2S I 6-6:30pm Adult L2S II 6:45-7:15pm Adult L2S III 7:30-8:15pm	17 Senior Aerobics 9:45-10:30 P/Child A 12-12:30pm P/Child B 12:45-1:15pm Child I 4:30-5pm Child II 5:15- 5:45pm Child III 6-6:45pm Child IV 7-7:45pm Deep Water 7-8pm	18 Deep Water 6:30-7:15am BodyWise 12-12:45pm JR Wave 4:15-5:15pm	19 P/Child A 10-10:30am P/Child B 10:45-11:15am P/School I 11:30-12pm P/School II 12:12:45pm P/School III 1-1:30pm
20 Zumba 12-12:45pm	21 BodyWise 8:00-8:45 BodyWise 12-12:45pm Senior L2S I 3-3:30pm Senior L2S II 3:30-4pm JR Wave 4:15-5:15pm Adult L2S I 6-6:30pm Adult L2S II 6:45-7:15pm Adult L2S III 7:30-8:15pm	22 Senior Aerobics 9:45-10:30 P/Child A 12-12:30pm P/Child B 12:45-1:15pm Child I 4:30-5pm Child II 5:15- 5:45pm Child III 6-6:45pm Child IV 7-7:45pm Deep Water 7-8pm	23 Deep Water 6:30-7:15am BodyWise 8:00-8:45 BodyWise 12-12:45pm Senior L2S I 3-3:30pm Senior L2S II 3:30-4pm JR Wave 4:15-5:15pm Adult L2S I 6-6:30pm Adult L2S II 6:45-7:15pm Adult L2S III 7:30-8:15pm	24 Senior Aerobics 9:45-10:30 P/Child A 12-12:30pm P/Child B 12:45-1:15pm Child I 4:30-5pm Child II 5:15- 5:45pm Child III 6-6:45pm Child IV 7-7:45pm Deep Water 7-8pm	25 Deep Water 6:30-7:15am BodyWise 12-12:45pm JR Wave 4:15-5:15pm	26 P/Child A 10-10:30am P/Child B 10:45-11:15am P/School I 11:30-12pm P/School II 12:12:45pm P/School III 1-1:30pm
27 Zumba 12-12:45pm	28 BodyWise 8:00-8:45 BodyWise 12-12:45pm Senior L2S I 3-3:30pm Senior L2S II 3:30-4pm JR Wave 4:15-5:15pm Adult L2S I 6-6:30pm Adult L2S II 6:45-7:15pm Adult L2S III 7:30-8:15pm	29 Senior Aerobics 9:45-10:30 P/Child A 12-12:30pm P/Child B 12:45-1:15pm Child I 4:30-5pm Child II 5:15- 5:45pm Child III 6-6:45pm Child IV 7-7:45pm Deep Water 7-8pm	30 Deep Water 6:30-7:15am BodyWise 8:00-8:45 BodyWise 12-12:45pm Senior L2S I 3-3:30pm Senior L2S II 3:30-4pm JR Wave 4:15-5:15pm Adult L2S I 6-6:30pm Adult L2S II 6:45-7:15pm Adult L2S III 7:30-8:15pm	31 Senior Aerobics 9:45-10:30 P/Child A 12-12:30pm P/Child B 12:45-1:15pm Child I 4:30-5pm Child II 5:15- 5:45pm Child III 6-6:45pm Child IV 7-7:45pm Deep Water 7-8pm	1	2

April

WILSON AQUATIC CENTER
 202-730-0583
 4551 Fort Drive NW, WDC 20016
 6am-9pm M-F / 9-5 Sa & Su

MOVE • GROW • BE GREEN with  **DPR**
DC DEPARTMENT OF PARKS AND RECREATION

Please visit dpr.dc.gov for more information

Sun	Mon	Tue	Wed	Thu	Fri	Sat
27	28	29	30	31	1 Deep Water 6:30-7:15am BodyWise 12-12:45pm JR Wave 4:15-5:15pm	2 P/C A 10-10:30am P/C B10:45:11:15am P/Schl 11:30-12pm P/Schl 12:15-12:45pm P/Schl 1-1:30pm
3 Zumba 12-12:45pm	4 BodyWise 8:00-8:45 BodyWise 12-12:45pm	5 Senior Aerobics 9:45-10:30	6 BodyWise 8:00-8:45 BodyWise 12-12:45pm	7 Senior Aerobics 9:45-10:30	8 BodyWise 12-12:45pm	9 P/C A 10-10:30am P/C B10:45:11:15am P/Schl 11:30-12pm P/Schl 12:15-12:45pm P/Schl 1-1:30pm
Make Up Week—No Scheduled Classes						
10 Zumba 12-12:45pm	11 BodyWise 8:00-8:45 BodyWise 12-12:45pm Senior L2S I 3-3:30pm Senior L2S II 3:30-4pm JR Wave 4:15-5:15pm Adult L2S I 6-6:30pm Adult L2S II 6:45 -7:15pm Adult L2S III 7:30-8:15pm	12 Senior Aerobics 9:45-10:30 P/Child A 12-12:30pm P/Child B 12:45-1:15pm Child I 4:30-5pm Child II 5:15- 5:45pm Child III 6-6:45pm Child IV 7-7:45pm Deep Water 7-8pm	13 Deep Water 6:30-7:15am BodyWise 8:00-8:45 BodyWise 12-12:45pm Senior L2S I 3-3:30pm Senior L2S II 3:30-4pm JR Wave 4:15-5:15pm Adult L2S I 6-6:30pm Adult L2S II 6:45 -7:15pm Adult L2S III 7:30-8:15pm	14 Senior Aerobics 9:45-10:30 P/Child A 12-12:30pm P/Child B 12:45-1:15pm Child I 4:30-5pm Child II 5:15- 5:45pm Child III 6-6:45pm Child IV 7-7:45pm Deep Water 7-8pm	15 Facility Closed in Observance of DC Emancipation Day	16 Emancipation Day 
17 Zumba 12-12:45pm	18 Senior L2S I 3-3:30pm Senior L2S II 3:30-4pm JR Wave 4:15-5:15pm Adult L2S I 6-6:30pm Adult L2S II 6:45 -7:15pm Adult L2S III 7:30-8:15pm	19 P/Child A 12-12:30pm P/Child B 12:45-1:15pm Child I 4:30-5pm Child II 5:15- 5:45pm Child III 6-6:45pm Child IV 7-7:45pm Deep Water 7-8pm	20 Deep Water 6:30-7:15am Senior L2S I 3-3:30pm Senior L2S II 3:30-4pm JR Wave 4:15-5:15pm Adult L2S I 6-6:30pm Adult L2S II 6:45 -7:15pm Adult L2S III 7:30-8:15pm	21 P/Child A 12-12:30pm P/Child B 12:45-1:15pm Child I 4:30-5pm Child II 5:15- 5:45pm Child III 6-6:45pm Child IV 7-7:45pm Deep Water 7-8pm	22 Deep Water 6:30-7:15am JR Wave 4:15-5:15pm \	23 P/C A 10-10:30am P/C B10:45:11:15am P/Schl 11:30-12pm P/Schl 12:15-12:45pm P/Schl 1-1:30pm
24 Zumba 12-12:45pm	25 BodyWise 8:00-8:45 BodyWise 12-12:45pm Senior L2S I 3-3:30pm Senior L2S II 3:30-4pm JR Wave 4:15-5:15pm Adult L2S I 6-6:30pm Adult L2S II 6:45 -7:15pm Adult L2S III 7:30-8:15pm	26 Senior Aerobics 9:45-10:30 P/Child A 12-12:30pm P/Child B 12:45-1:15pm Child I 4:30-5pm Child II 5:15- 5:45pm Child III 6-6:45pm Child IV 7-7:45pm Deep Water 7-8pm	27 Deep Water 6:30-7:15am BodyWise 8:00-8:45 BodyWise 12-12:45pm Senior L2S I 3-3:30pm Senior L2S II 3:30-4pm JR Wave 4:15-5:15pm Adult L2S I 6-6:30pm Adult L2S II 6:45 -7:15pm Adult L2S III 7:30-8:15pm	28 Senior Aerobics 9:45-10:30 P/Child A 12-12:30pm P/Child B 12:45-1:15pm Child I 4:30-5pm Child II 5:15- 5:45pm Child III 6-6:45pm Child IV 7-7:45pm Deep Water 7-8pm	29 Deep Water 6:30-7:15am BodyWise 12-12:45pm JR Wave 4:15-5:15pm	30 P/C A 10-10:30am P/C B10:45:11:15am P/Schl 11:30-12pm P/Schl 12:15-12:45pm P/Schl 1-1:30pm

May

WILSON AQUATIC CENTER

202-730-0583

4551 Fort Drive NW, WDC 20016

6am-9pm M-F / 9-5 Sa & Su

MOVE • GROW • BE GREEN with  DPR
DC DEPARTMENT OF PARKS AND RECREATION

Please visit dpr.dc.gov for more information

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Zumba 12-12:45pm	2 BodyWise 8:00-8:45 BodyWise 12-12:45pm Senior L2S I 3-3:30pm Senior L2S II 3:30-4pm JR Wave 4:15-5:15pm Adult L2S I 6-6:30pm Adult L2S II 6:45 -7:15pm Adult L2S III 7:30-8:15pm	3 Senior Aerobics 9:45-10:30 P/Child A 12-12:30pm P/Child B 12:45-1:15pm Child I 4:30-5pm Child II 5:15- 5:45pm Child III 6-6:45pm Child IV 7-7:45pm Deep Water 7-8pm	4 Deep Water 6:30-7:15am BodyWise 8:00-8:45 BodyWise 12-12:45pm Senior L2S I 3-3:30pm Senior L2S II 3:30-4pm JR Wave 4:15-5:15pm Adult L2S I 6-6:30pm Adult L2S II 6:45 -7:15pm	5 Senior Aerobics 9:45-10:30 P/Child A 12-12:30pm P/Child B 12:45-1:15pm Child I 4:30-5pm Child II 5:15- 5:45pm Child III 6-6:45pm Child IV 7-7:45pm Deep Water 7-8pm	6 Deep Water 6:30-7:15am BodyWise 12-12:45pm JR Wave 4:15-5:15pm	7 P/C A 10-10:30am P/C B 10:45:11:15am P/Schl 11:30-12pm P/Schl 12:15-12:45pm P/Schl 1-1:30pm
8 Zumba 12-12:45pm	9 BodyWise 8:00-8:45 BodyWise 12-12:45pm	10 Senior Aerobics 9:45-10:30	11 BodyWise 8:00-8:45 BodyWise 12-12:45pm	12 Senior Aerobics 9:45-10:30	13 BodyWise 12-12:45pm	14 P/C A 10-10:30am P/C B 10:45:11:15am P/Schl 11:30-12pm P/Schl 12:15-12:45pm P/Schl 1-1:30pm
<div style="border: 1px solid black; padding: 5px; background-color: #e0e0e0;"> <p>Make Up Week—No Scheduled Classes</p> </div>						
15 Zumba 12-12:45pm	16 BodyWise 8:00-8:45 BodyWise 12-12:45pm Senior L2S I 3-3:30pm Senior L2S II 3:30-4pm Adult L2S I 6-6:30pm Adult L2S II 6:45 -7:15pm Adult L2S III 7:30-8:15pm	17 Senior Aerobics 9:45-10:30 P/Child A 12-12:30pm P/Child B 12:45-1:15pm Child I 4:30-5pm Child II 5:15- 5:45pm Child III 6-6:45pm Child IV 7-7:45pm Deep Water 7-8pm	18 Deep Water 6:30-7:15am BodyWise 8:00-8:45 BodyWise 12-12:45pm Senior L2S I 3-3:30pm Senior L2S II 3:30-4pm Adult L2S I 6-6:30pm Adult L2S II 6:45 -7:15pm Adult L2S III 7:30-8:15pm	19 Senior Aerobics 9:45-10:30 P/Child A 12-12:30pm P/Child B 12:45-1:15pm Child I 4:30-5pm Child II 5:15- 5:45pm Child III 6-6:45pm Child IV 7-7:45pm Deep Water 7-8pm	20 Deep Water 6:30-7:15am BodyWise 12-12:45pm	21 P/C A 10-10:30am P/C B 10:45:11:15am P/Schl 11:30-12pm P/Schl 12:15-12:45pm P/Schl 1-1:30pm
22	23 BodyWise 8:00-8:45 BodyWise 12-12:45pm Senior L2S I 3-3:30pm Senior L2S II 3:30-4pm JR Wave 4:15-5:15pm Adult L2S I 6-6:30pm Adult L2S II 6:45 -7:15pm Adult L2S III 7:30-8:15pm	24 Senior Aerobics 9:45-10:30 P/Child A 12-12:30pm P/Child B 12:45-1:15pm Child I 4:30-5pm Child II 5:15- 5:45pm Child III 6-6:45pm Child IV 7-7:45pm Deep Water 7-8pm	25 Deep Water 6:30-7:15am BodyWise 8:00-8:45 BodyWise 12-12:45pm Senior L2S I 3-3:30pm Senior L2S II 3:30-4pm JR Wave 4:15-5:15pm Adult L2S I 6-6:30pm Adult L2S II 6:45 -7:15pm	26 Senior Aerobics 9:45-10:30 P/Child A 12-12:30pm P/Child B 12:45-1:15pm Child I 4:30-5pm Child II 5:15- 5:45pm Child III 6-6:45pm Child IV 7-7:45pm Deep Water 7-8pm	27 Deep Water 6:30-7:15am BodyWise 12-12:45pm	28 P/C A 10-10:30am P/C B 10:45:11:15am P/Schl 11:30-12pm P/Schl 12:15-12:45pm P/Schl 1-1:30pm
29	30 	31 Senior Aerobics 9:45-10:30 P/Child A 12-12:30pm P/Child B 12:45-1:15pm Child I 4:30-5pm Child II 5:15- 5:45pm Child III 6-6:45pm Child IV 7-7:45pm Deep Water 7-8pm	1	2	3	4

June

WILSON AQUATIC CENTER
202-730-0583
4551 Fort Drive NW, WDC 20016
6am-9pm M-F / 9-5 Sa & Su

MOVE • GROW • BE GREEN with  **DPR**
DC DEPARTMENT OF PARKS AND RECREATION

Please visit dpr.dc.gov for more information

Sun	Mon	Tue	Wed	Thu	Fri	Sat
29	30	31	1 Deep Water 6:30-7:15am BodyWise 8:00-8:45am BodyWise 12-12:45pm Senior L2S I 3-3:30pm Senior L2S II 3:30-4pm JR Wave 4:15-5:15pm Adult L2S I 6-6:30pm Adult L2S II 6:45 -7:15pm Adult L2S III 7:30-8:15pm	2 Senior Aerobics 9:45-10:30 P/Child A 12-12:30pm P/Child B 12:45-1:15pm Child I 4:30-5pm Child II 5:15- 5:45pm Child III 6-6:45pm Child IV 7-7:45pm Deep Water 7-8pm	3 Deep Water 6:30-7:15am BodyWise 12-12:45pm	4
5	6	7 P/Child A 12-12:30pm P/Child B 12:45-1:15pm Child I 4:30-5pm Child II 5:15- 5:45pm Child III 6-6:45pm Child IV 7-7:45pm Deep Water 7-8pm	8 Deep Water 6:30-7:15am Senior L2S I 3-3:30pm Senior L2S II 3:30-4pm Adult L2S I 6-6:30pm Adult L2S II 6:45 -7:15pm Adult L2S III 7:30-8:15pm	9 P/Child A 12-12:30pm P/Child B 12:45-1:15pm Child I 4:30-5pm Child II 5:15- 5:45pm Child III 6-6:45pm Child IV 7-7:45pm Deep Water 7-8pm	10 Deep Water 6:30-7:15am	11
12	13	14	15	16	17	18
Make Up Week—No Scheduled Classes						
19	20	21	22	23	24	25
26	27	28	29	30	1	2